

# Bin-GO for it!



## Fundraising Pack

# About Down Syndrome UK

Down Syndrome UK is a registered charity empowering people who have Down syndrome and their families. We have an amazing online community to support our families and we know how important it is for them to also have access to accurate contemporary information.

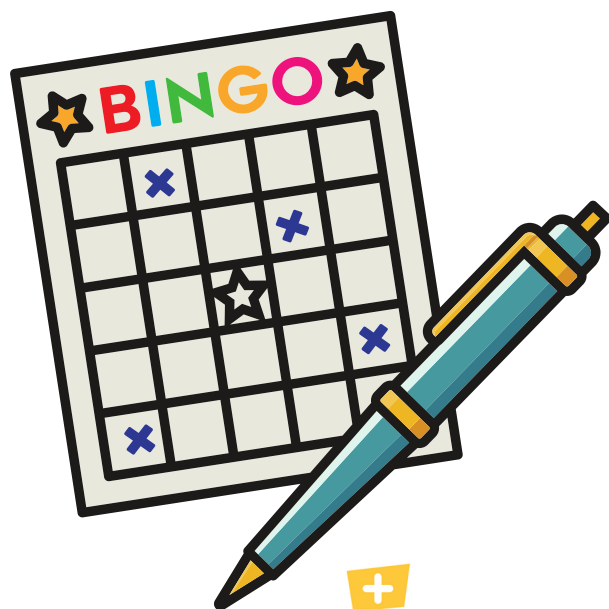
- ★ **We believe every parent should receive the best possible care and support.**
- ★ **We believe the arrival of every baby with Down syndrome should be celebrated.**
- ★ **We believe every child with Down syndrome should be given every opportunity to flourish and thrive!**

**We couldn't do the work we are so passionate about without you!  
We are incredibly grateful for your support.**

## The Bingo Event

Hosting a bingo event would be an incredibly fun activity, which would help us to raise vital funds to continue to have a positive impact on the lives of families with a child with Down syndrome!

**If your event raised £50, that would provide a new parent, family member or professional with access to a 6-week Makaton signing course to ease communication frustrations.**



# Tips for Fundraising Success

## ★ Choose a Date and Venue

Select a date and location that works for you and your guests. You could talk to your workplace, school or local community hall. These venues are usually free with plenty of people to attend. Make sure the venue has enough space to accommodate your guests comfortably.

## ★ Gather Bingo Supplies

You'll need bingo cards, markers, and a bingo caller to host your event. You might have the bingo equipment you need already (or can borrow from someone), or you could use an online bingo caller to generate the numbers.

## ★ Promote Your Event

Spread the word about your 'Bin-GO for it' Bingo Night through social media, email invitations, and word of mouth. Encourage friends, family, and colleagues to join in the fun and support DSUK. We have included a poster to share in public spaces to help promote your event.

## ★ Set Up Your Space

Arrange tables and chairs in your chosen venue to create a welcoming atmosphere for your guests. Make sure everyone has a clear view of the bingo caller and sufficient space to play comfortably. Included in this pack is some bunting for you to decorate with.

## ★ Plan Prizes and Refreshments

Consider offering prizes for bingo winners to add an extra element of excitement to your event. You can also provide snacks and refreshments for your guests to enjoy during the games, or you could invite guests to bring their own.

## ★ Collect Donations

Set up a donation station where guests can contribute towards DSUK's vital programmes and services. Every pound raised will make a positive difference in the lives of individuals with Down syndrome and their families.

## ★ Have Fun!

Most importantly, relax and enjoy the evening with your guests. 'Bin-GO for it' Bingo Night is all about coming together, having fun, and making a positive impact in your community.

# Brush Up On Your Bingo Lingo

Have fun with your bingo calling. Make up your own lingo or try some of the commonly used terms below:

- **Kelly's Eye** - Refers to the number 1, named after the famous Australian outlaw Ned Kelly.
- **One Little Duck** - Refers to the number 2, resembling a single duck.
- **Knock at the Door** - Rhymes with the number 4.
- **Half a Dozen** - Refers to the number 6.
- **Lucky Seven** - Refers to the number 7, considered a lucky number in many cultures.
- **Garden Gate** - Rhymes with the number 8.
- **Legs Eleven** - Refers to the number 11, often associated with a pair of legs.
- **One Dozen** - Refers to the number 12.
- **Unlucky for Some** - Refers to the number 13, considered unlucky in some cultures.
- **Dancing Queen** - Refers to the number 17.
- **One Score** - Refers to the number 20.
- **Key of the Door** - Refers to the age of 21, symbolising reaching adulthood.
- **Two Little Ducks** - Refers to the number 22, resembling two ducks side by side.
- **Two Dozen** - Refers to the number 24.
- **Duck and Dive** - Rhymes with the number 25.
- **Gateway to Heaven** - Rhymes with the number 27.
- **Buckle My Shoe** - Rhymes with the number 32.
- **All the Threes** - Refers to the number 33.
- **Three Dozen** - Refers to the number 36.
- **Naughty Forty** - Refers to the number 40.
- **Halfway There** - Refers to the number 45, halfway to 90.
- **Half a Century** - Refers to the age of 50.
- **Stuck in the Tree** - Rhymes with the number 53.
- **Snakes Alive** - Refers to the number 55.
- **Heinz Varieties** - Refers to the number 57, associated with the brand Heinz.
- **Tickety-boo** - Rhymes with the number 62.
- **Clickety-Click** - Refers to the number 66, mimicking the sound of a train on the tracks.
- **Either Way Up** - Refers to the number 69, which looks the same when turned upside down.
- **Three Score and Ten** - Refers to the age of 70, three score being sixty and ten.
- **Queen Bee** - Rhymes with the number 73.
- **Hit the Floor** - Rhymes with the number 74.
- **All the Sevens** - Refers to the number 77.
- **Stop and Run** - Rhymes with the number 81.
- **Time for Tea** - Rhymes with the number 83.

# Bunting

You will need:

- A4 white card or paper
- A printer
- Scissors
- Glue/tape
- String or ribbon

Instructions:

- Print the bunting below onto your card or paper. Colour/decorate your bunting (optional).
- Cut out the bunting triangles and fold the edge at the top.
- Place the string at the back of your bunting, fold the edge over the top and glue or tape down. Repeat with as many triangles as you need.





# Bin-GO for it!

Raising funds for



**Every pound will help make a positive difference to families with a child with Down syndrome now and in the future!**

**Where:**

**Date:**

**Time:**



[www.downsyndromeuk.co.uk](http://www.downsyndromeuk.co.uk)

Registered charity number 1184564





**Positive about  
Down syndrome**



**Positive about  
Down syndrome**



**Positive about  
Down syndrome**

# About Down Syndrome UK

## We are experts by experience.

Down Syndrome UK (DSUK) is a national charity passionate about empowering parents and professionals to improve the lives of those with Down syndrome and their families in the UK.

We want our children to be valued and included in the communities in which we live, to have the choice to attend their local mainstream school and, when old enough to work, not to encounter barriers, but instead to be welcomed and embraced within society.



## We have four main initiatives:



### Positive about Down syndrome

Providing information, support and resources to expectant, new and preschool parents, as well their their health, maternity and education professionals.



### ST&R (support, training & resources)

Support Training & Resources for parents and professionals of those of primary school age.



### Pants4School (toilet training)

Enabling children with Down syndrome to be toilet trained in time to start in Pants4School!



### The DSUK Network (local support groups)

A forum to help with promoting and supporting local Down syndrome support groups.





# About Down Syndrome UK



We are dedicated to creating a positive and lasting impact on the Down syndrome community. Through our unwavering commitment to support, educate, and empower, we strive to enhance the quality of life for individuals with Down syndrome, fostering a society that embraces diversity and inclusivity.

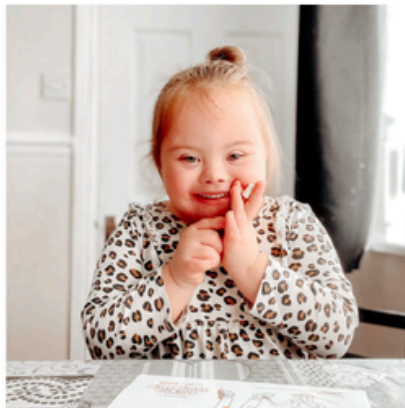
Join us on this journey of empowerment and inclusion. Together, we are rewriting the story of Down syndrome, one impactful step at a time. Thank you for being part of the Down Syndrome UK community, where every action, every donation, and every effort contributes to a brighter and more inclusive future for individuals with Down syndrome.

## How your donation makes a difference:



**£15**

Provides a 'New Baby Positivity Pack' to a new or expectant parent, that shares real stories, current information about Down syndrome and a small handmade gift.



**£50**

Provides a new parent, family member or professional with access to a 6-week Makaton signing course to ease communication frustrations.



**£250**

Provides resources and training to a maternity unit for a year, ensuring expectant and new parents are well supported by professionals who have a contemporary understanding of Down syndrome.



## How your donation makes a difference

At Down Syndrome UK, we empower parents and professional to improve the lives of those with Down syndrome and their families in the UK.

**“A big thank you for all the seminars, resources, advice, and support we’ve received so far which have made a massive difference to our family. Looking forward to having DSUK by our side for the next stages of our journey!” - Sue, DSUK Parent.**

As a charity, we are almost entirely dependent on people like you to provide the funds that keep our services going. Please ensure every family can depend on us when they need us the most.



# Thank you

for supporting



You have helped raise  
an amazing

£

Your support will help us fund more information and resources, for expectant and new parents. Our big focus for 2024 is to be working with all maternity units to help provide a positive experience so that no parent ever feels alone when they find out their little one has Down syndrome.

[www.downsyndromeuk.co.uk](http://www.downsyndromeuk.co.uk)

Registered charity number 1184564



# Paying in your donations



Once your fundraising is complete there are different ways to get your donations over to us.

## BACS/At your bank

Please pay donations using the CAF details and your name as reference. Please email fundraising@downsyndromeuk.co.uk to let us know the amount so we can make sure it arrives safely.

## Cheque

Please make payable to 'Down syndrome UK' If paying your donation via cheque, please email fundraising@downsyndromeuk.co.uk and we can provide the address to send it to.

## Online page

Set up an online page to share and make it easy for supporters to donate to your event. Just Giving is our preferred online platform. To set a page up

[www.justgiving.com/downsyndrome-uk](http://www.justgiving.com/downsyndrome-uk)

You can also pay donations online using the QR code below.

CAF bank account:  
Down syndrome UK  
Account number: 00033123  
Sort code: 40 52 40



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**A BIG Thank You!**

We really are so grateful to you for your support and helping us to provide what we do for parents with a child or young person with Down syndrome.

